



## IN SHORT

### RESOURCES REFERRAL TEAM IS:

A doorway to local resources

- Compassionate and reliable advice
- Daily presence as needed
- Help break isolation
- Listen and answer any questions
- Accompaniment
- A link to local resources
- Improving living conditions
- Voluntary approach



## PARTNERS



Centre de santé et de services sociaux de Memphrémagog



## CONTACT US



VISIT OUR FACEBOOK PAGE

[www.facebook.com/ressourcesrelais](http://www.facebook.com/ressourcesrelais)

OUR OFFICE LOCATION

95 Merry North room 213, Magog

WRITE TO US

P.O. BOX 462, Magog, Qc J1X 4W3

Daily presence  
as needed

Helping you  
**FIND YOUR  
VOICE**



## DON'T HESITATE TO CONTACT US!

## EXAMPLES OF OUR SERVICES

- ARE YOU LOOKING FOR WORK?
- YOU LIVE IN SOCIAL HOUSING?
- ARE YOU A SENIOR WHO FEELS ISOLATED?
- YOU WOULD LIKE TO CONTINUE YOUR STUDIES?
- YOU NEED HELP WITH YOUR BUDGETING?
- YOU FEEL OVERWHELMED BY A SITUATION?
- YOU HAVE A PROBLEM WITH YOUR SURROUNDINGS? YOU NEED SOMEONE TO LISTEN AND PROVIDE SUPPORT?
- YOU ARE PHYSICALLY OR INTELLECTUALLY HANDICAPPED?
- YOU HAVE QUESTIONS ABOUT SUBSTANCE USE AND CONSUMPTION?
- YOU NEED A HELPING HAND TO FILL OUT SOCIAL ASSISTANCE FORMS?
- ETC...

- We listen and are available locally
- We can help you if it is a question of finding missing papers/information
- We can accompany you towards a goal
- We can provide mediation services
- We will find the right resources for you
- We will provide accurate information
- We can provide support from the start towards improving your living circumstances
- ETC

Many organizations in the region have come together to create a team whose objective is to reach out to those who need help.



### WHERE TO FIND US

Social housing and adapted living  
Downtown, Merry Point  
Through local Community organisations  
Community Center  
Any other gathering places such as bars, cafés, restaurants, etc...